### Medications

<table>
<thead>
<tr>
<th>Date</th>
<th>Drug</th>
<th>Dose/Frequency</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
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</tr>
</tbody>
</table>

### Allergies

- 
- 
- 

### Patient Info

- Date: 
- Height (cm): 
- Weight (kg): 
- Blood Pressure: 

### Information & Resources regarding the rare disease atypical hemolytic uremic syndrome

- **aHUS Alliance**  
  [www.aHUSallianceAction.org](http://www.aHUSallianceAction.org)
- **aHUS Info Centre**  
- **Clinical Trials**  
  [https://clinicaltrials.gov](https://clinicaltrials.gov)
- **aHUS Advocacy Groups**  

### Contact Info

- **Global aHUS News & Info**  
  - Facebook@aHUSalliance  
  - Twitter@aHUSallianceAct
- **aHUS Awareness Day is 24 Sept**  
  - [Rising above aHUS](https://twitter.com/aHUS24Sept)
  - [aHUS24Sept](https://twitter.com/aHUS24Sept) and [#SHUa24Sept](https://twitter.com/SHUa24Sept)

### Note issues to focus conversations at clinical visits

- Medications
- Allergies
- Dialysis / Transplant / Central Line
- Patient Info
- Date
- Height (cm)
- Weight (kg)
- Blood Pressure

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**www.aHUSallianceAction.org**

*Global Rare Disease Advocacy For People Living with Atypical HUS*
### CBC (Complete Blood Count)

<table>
<thead>
<tr>
<th>Date</th>
<th>RBC</th>
<th>Hgb</th>
<th>Hct</th>
<th>WBC</th>
<th>Platelets</th>
<th>Other</th>
</tr>
</thead>
</table>

### CMP (Comprehensive Metabolic Panel)

<table>
<thead>
<tr>
<th>Date</th>
<th>Sodium (Na)</th>
<th>Potassium (K)</th>
<th>Chloride (Cl)</th>
<th>Calcium (Ca)</th>
<th>CO2</th>
<th>BUN</th>
<th>Creatinine</th>
<th>Glucose</th>
<th>Albumin</th>
<th>Other</th>
</tr>
</thead>
</table>

### LFT (Liver Function Panel)

<table>
<thead>
<tr>
<th>Date</th>
<th>AST</th>
<th>ALT</th>
<th>Other</th>
</tr>
</thead>
</table>

### Chemistry Studies

<table>
<thead>
<tr>
<th>Date</th>
<th>LDH</th>
<th>Phosphorus</th>
<th>Other</th>
</tr>
</thead>
</table>

### Other Labs Tracked

<table>
<thead>
<tr>
<th>Date</th>
</tr>
</thead>
</table>

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### Symptoms - Note issues and details

- Fever
- Headache
- Change in Vision
- Cognitive/Memory Issues
- Joint Pain/Stiffness
- Muscle Cramps or Tremors
- Upset Stomach/Vomiting
- Diarrhea or Constipation
- Blood in Urine or Stool
- Shortness of Breath
- Cough or Wheezing
- Heart Palpitations
- Chest Pain
- Skin Rash
- Growth/Development Concerns
- Feelings of Depression or Isolation
- Other

### Patient Status - Note issues and details

- Home/Lifestyle Issues or Changes
- Recent Changes in Health
- Changes in Sleeping Pattern
- Recent Accidents/Injuries
- New Medications/Treatment
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### Concerns to Discuss - Note issues and details

- Medication
- Diet/Nutrition
- Care Routines (Daily)
- Dressing Changes
- Catheter/Central Line
- Dialysis Routine
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- Specialist(s)
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